

internal cleanse

## INNOCLEANSE™

Detoxify and Cleanse with  
this 7 Day Program for your  
Liver, Colon, Kidney,  
Parasite and Body.



**Inno-Vite™**

Since 1983

Herbal cleanses have been a part of human rituals almost since the beginning of time. Indeed many cultures including Chinese, South American, and European, have adopted cleansing as part of an overall approach to good health. It has long been recognized that the elimination of waste products from the body, enhances the feeling of well-being.

Detoxification can be beneficial for those with one or more of the following conditions:

- Chronic constipation
- Frequent gas & bloating
- Excess weight
- Frequent fatigue
- Impaired digestion
- Irritable Bowel Syndrome (IBS)
- Candida Infection
- Parasite Infection
- Recurring headaches
- Bad breath
- Hemorrhoids
- Frequent colds
- Abdominal Distension

### **The following are directions on each program:**

1) The InnoCleanse™ 7 Day **Complete Body Cleanse** kit consists of two parts: HerbRX and DigestRX.

Take four (4) capsules of HerbRX daily, preferably 10 minutes before breakfast

Take four (4) capsules of DigestRX daily, preferably 10 minutes before lunch

Drink at least one full glass (250ml) of water with each intake of these cleanse formulas

2) The InnoCleanse™ 7 Day **Complete Liver Cleanse** kit consists of two parts: HerbRX and LivRX.

Take four (4) capsules of HerbRX daily, preferably 10 minutes before breakfast

Take four (4) capsules of LivRX daily, preferably 10 minutes before lunch

Drink at least one full glass (250ml) of water with each intake of these cleanse formulas.

3) The InnoCleanse™ 7 Day **Complete Colon Cleanse** kit consists of two parts: HerbRX and LaxRX.

Take four (4) capsules of HerbRX daily, preferably 10 minutes before breakfast

Take four (4) capsules of LaxRX daily, preferably 10 minutes before lunch

Drink at least one full glass (250ml) of water with each intake of these cleanse formulas.

4) The InnoCleanse™ 7 Day **Complete Kidney Cleanse kit** consists of two parts: HerbRX and RenRX.

Take four (4) capsules of HerbRX daily, preferably 10 minutes before breakfast

Take four (4) capsules of RenRX daily, at night.

Drink at least one full glass (250ml) of water with each intake of these cleanse formulas.

5) The InnoCleanse™ 7 Day **Complete Parasite Cleanse** kit consists of two parts: HerbRX and NemRX.

Take four (4) capsules of HerbRX daily, preferably 10 minutes before breakfast.

Take four (4) capsules of NemRX daily, at night.

Drink at least one full glass (250ml) of water with each intake of these cleanse formulas.

## Key Components of the InnoCleanse™ Program:

### HerbRX – The Pillar for Optimal Cleansing in each InnoCleanse Kit

HerbRX is a unique formula designed to support the cleansing process. It acts as the pillar in all Inno-Vite's cleansing programs because of its gentle but effective detoxifying action. Combining Yellow Dock, Barberry and Dandelion extracts, HerbRX offers traditionally used herbs for their well known and safe cleansing effects. In fact this proprietary blend, formulated by a Naturopathic Physician, has been trusted and used exclusively by Natural Health Professionals in Canada, for a number of years.

This formula offers optimal levels of standardized herbal extracts well known to support organs such as kidneys, liver and the skin which participate in the body's natural detoxification process. HerbRX helps eliminate toxins safely, without eliciting harmful side effects.

Part 2 of each kit is designed to focus on a specific area of cleansing in the body, in order to help bring about optimal detoxification to the body.

### Complete Body Cleanse: HerbRX + DigestRX

*DigestRX – Designed to aid digestion and eliminate the ill effects of over indulgence.*

DigestRX in combination with HerbRX is designed as a general total body detoxification. Both components have a synergistic effect and help eliminate toxins after periods of unhealthy eating or over indulgence. The combination of HerbRX and DigestRX is safe to use for the first-time cleanser or someone who is generally healthy, but would like to eliminate excess toxins and rejuvenate their whole body.

DigestRX also acts as a superior digestive aid and is especially designed for individuals who consume fatty foods and processed foods, as well as alcoholic beverages. DigestRX contains a list of important enzymes such as Papain, Pancreatin, and Ox Bile, and is the perfect solution, for individuals who are looking to ease their indigestion from rich and fatty foods.

### Complete Liver Cleanse: HerbRX + LivRX

*LivRX – Promotes Liver Health*

The liver is one of the most important organs in the body for good digestion and overall health. It plays a role in many significant body functions; including the production of bile, intestinal enzymes and vital substances such as blood components, cholesterol and lipoproteins. Since the liver is also responsible for secretions and elimination, it must be kept healthy. Sickness often starts due to poor liver health. High cholesterol levels, indigestion and even chronic headaches, can all be manifestations of poor liver functioning.

For this reason, LivRX contains standardized Silymarin extract from Milk Thistle. Silymarin is well known to be one of nature's best known remedies for poor liver function. Because of its ability to support the regeneration of liver cells and liver rejuvenation, LivRX is ideal for individuals who want to restore optimal liver health and functioning, thereby ensuring overall health and wellness. LivRX also offers other Liver supportive herbs such as Dandelion extract and beet root which help to cleanse the liver of unwanted toxins.

### Complete Colon Cleanse: HerbRX + LaxRX

*LaxRX – Relieves constipation*

The lack of fiber intake, coupled with the high intake of processed foods, results in many individuals suffering from bowel irregularity without knowing the long term hazardous effects. Individuals suffering from irregular bowel movements are susceptible to irritable bowel syndrome, colitis and even colon cancer. In fact, irregular bowel habits cause an individual to accumulate toxins, which in turn can manifest as headaches, brain fog, gas and bloating. Bowel health is often an overlooked yet important part of total body health. Typically a person should have at least one bowel movement daily. The InnoCleanse™ Complete Colon Cleanse, offers LaxRX which is designed to gently promote bowel regularity, without eliciting chronic diarrhea or stomach upset. Combining the gentle herbs Cascara, Prune herb and Psyllium, LaxRX will help relieve constipation and restore health to the colon. While on this program, drink plenty of water and follow the guidelines suggested in this leaflet. This will ensure quicker optimal results..

### Complete Kidney Cleanse: HerbRX + RenRX

*RenRX – Supports Kidney function and Urinary Tract Health*

RenRX contains herbs which help to keep the kidneys clear and functioning in a healthy manner. One of the last portals for toxin elimination, the kidney is commonly an overlooked organ. However, the kidneys are vital organs of elimination for the body. The kidneys eliminate many harmful substances that are detoxified by the liver. They filter the blood and then reabsorb water and other selective substances back into the bloodstream. Ensuring proper kidney functioning is a vital part of overall cleansing and good health.

Inno-Vite's Complete Kidney Cleanse offers a simple but effective approach to kidney cleansing. Three herbs specifically targeting kidney health are included in RenRX. All help to flush toxins and residual bacteria that may cause persistent irritation. A combination of Uva Ursi, Birch (or Betula species) and Ashtree are used to flush toxins from the kidney. All herbs have specific actions as they enhance excretion fluids while soothing and strengthening the membranes of the urinary system.

### Complete Parasite Cleanse: HerbRX + NemRX

*NemRX – Helps to expel parasites from your intestinal system*

Microbial infestations can promote compromised health in our bodies. Parasites live off our body's life-force and the sustenance that we ingest. In addition to a loss of nourishment and cellular damage, the toxicities produced by these creatures play havoc with our immune system and degrade the optimum health of their host.

Whether diagnosed or not, parasites often are the underlying cause of a number of health problems including diarrhea, gastrointestinal upset, vaginal irritation, joint and muscle aches, brain or nervous system damage, immune dysfunction, and chronic fatigue. Many symptoms of parasite or worm infection can easily be confused with a variety of other abdominal and intestinal diseases.

Inno-Vite's Parasite Cleanse offers an herbal formula designed to eliminate parasites that may manifest as many of the symptoms listed above. Each herb has a specific action of eliminating parasites which normally reside in the intestinal tract. Pumpkin seed powder, Garlic bulb and Black walnut are potent extracts for the elimination of parasites.



Inno-Vite offers highly effective, but completely safe, internal cleansing programs called InnoCleanse™. This line is designed to help detoxify the body of harmful toxins, parasites and other waste material that has accumulated over time.

InnoCleanse™ kits are easy and effective 7-day programs for optimal cleansing and improved total body health. These herbal programs are designed to aid detoxification efforts and improve various symptoms such as indigestion, constipation, and the ill effects of overindulgence.

### Who should do this cleanse program?

Today everyone is exposed to synthetic, often toxic chemicals on an unprecedented scale. Industrial chemicals and their pollutants run-off in our water, pesticides, additives in our foods, heavy metals, anesthetics, residues from drugs and environmental pollutants, are all trapped within the human body in significant amounts. Every system of the body is affected, from tissue damage to sensory deterioration. This doesn't include second-hand smoke, caffeine and alcohol overload or daily stress, that are an increasing part of our lives. Any form of over indulgence, be it new year's eve parties, Thanksgiving, stag parties or weekend getaways, will build up toxins in the body.

As toxic matter saturates our tissues, antioxidants and minerals in vital body fluids are reduced and immune defenses are thrown out of balance. Almost everyone can benefit from a body cleanse. It is one of the best ways to remain healthy in a destructive environment. A surplus of these toxic substances can encourage the formation of cellulite or fatty deposits and provoke an unhealthy complexion. It is therefore not surprising that from time to time, especially at the end of all seasons, we feel heavy, lethargic and sluggish.

Cleanse programs help to relieve common digestive disorders and chronic persistent symptoms, by promoting the elimination of accumulated toxins in the body. If you suffer from any of these conditions, you are probably experiencing an accumulation of toxins in your body.

- bad breath • improper digestion • bloating • blurred vision • coated tongue
- constipation depression • diarrhea • excessive colds flu • excessive gas
- excessive mucus • fatigue • food reactions • headaches • irritability
- low immunity • menstrual problems • muscular pains • nausea • over-acidity
- periodontal conditions • sinus infections • skin rashes • stomach pain
- yeast infections

Regular cleansing with Inno-Vite InnoCleanse™, will achieve some of the following benefits:

- Improved Digestion and Nutrient Absorption from Food
- Toxin Elimination
- Higher Energy Levels
- Reduced Food Reactions
- Less Frequent Constipation or Diarrhea
- Reduced Susceptibility to Yeast Infections or Parasite Growth
- Regulated Bowels
- Weight Loss
- Detoxification
- Greater Immunity
- Rejuvenation



## How to use the InnoCleanse™ program effectively?

InnoCleanse™ formulas are gentle enough so that they can be taken repeatedly and regularly. In fact, cleansing monthly can provide numerous long term benefits to bowel health and overall total body health.

### Dietary Recommendations

An important part of any Cleanse program is a change to your diet. This is to ensure that a person eats nutritious foods, as well as fiber during the program. Since processed foods and acidic foods are often the cause for improper digestion and increased toxin levels in the system, these are to be kept to a minimum. On the other hand, increasing the consumption of foods that have a high fiber content and are nutritious, will help to produce optimal results from the detoxification process.

**Included with each InnoCleanse Product is a 7 Day Complete Cleanse Meal Plan and Food Guide to ensure your complete Cleanse.**

### 100% Quality Assurance

Inno-Vite's products are manufactured in a Good Manufacturing Practices (GMP) certified facility and use the finest quality raw materials from around the world. Our extensively researched ingredients, finely detailed formulations, and 100% quality assurance offer the most effective products for you and your family.

**Inno-Vite**<sup>MC</sup>

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For additional information on this product or our other fine natural supplements, please contact us at  
1-800-387-9111 [www.inno-vite.com](http://www.inno-vite.com)

**ANY QUESTIONS?**

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